



Coalition of Pharmacists  
Caring for Aging Canadians

**CPCAC**

## CPCAC 2018 Inaugural Scientific Meeting

October 27, 2018

Holiday Inn Yorkdale

### *Abstract Poster Presentation*

**Title: Geriatric Pharmacy in Private Clinic / Community Setting**

**Objective:** Availability of standalone pharmacy in a private clinical / community setting catering only towards Geriatric population.

**Rationale:** Geriatric population has specific age-related conditions / diseases and co-morbidities. There is also progressive degeneration in their physical capacity due to advancing age which makes them less mobile. Their cognitive capacity is reduced as well. Most of the seniors wants to live alone as much as they can. Their age-related inefficiency may lead to secondary medical complications such as falling, slowing down in their daily activities, miscommunication and misinterpretation etc. This in turn can put burden on health care system. Geriatric pharmacy can be stand alone pharmacy or can be part of private clinic or community setting where they may be other health and physical activity related services can be provided to the seniors.

**Methods:**

- Private / Community based Clinic Setting in local geographical area.
- One population / sample only
- Education – Regulated Health Practitioner who have further education in pharmacotherapy and related medical conditions in geriatrics. This needs to be evaluated by the regulatory body and the provincial associations where geriatric pharmacy will be operated.

**Results:**

- Individualized personal pharmacology care for the geriatric population.
- Least contamination in the health service as targeted audience. Seniors who live alone do not have to go far or try to find ways to get their medications causing them inconvenience or reliability on others.
- Since it is small business, it can be managed effectively by the owner.
- There is less insurance abuse.
- If anyone wants to do research, data can be collected from these pharmacies, as per the rules.

**Conclusions:** Geriatric population have their own needs due to the human aging process which changes them physically, psychologically and cognitively. Pharmacotherapy is one of the tools with which they can be taken care of in certain circumstances. Individualized pharmacotherapy care is needed to help them take care of themselves when they are living alone in their last stage of life.

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